



Dermatology • Dermatologic Surgery • Mohs Surgery • Cosmetic Surgery

### WOUND CARE INSTRUCTIONS

- **FOR BIOPSIES:** Leave dressing in place for 24 hours, you can remove bandage in shower, clean daily with soap and water and apply thin layer of vaseline twice a day, until healed.
- **FOR SURGERY (MOHS OR WIDER EXCISION):** leave dressing in place for **2 days**, you can remove bandage in shower (removing the dressing in the shower helps to loosen the dressing without disturbing clots), clean daily with soap and water and apply thin layer of vaseline twice a day. Eat high fat ice cream after surgery. This helps reduce bleeding.
- **BLEEDING:** Apply **FIRM pressure** to the area for **AT LEAST 20 MINUTES. NO PEEKING!**
- **FOR PAIN:** You may use acetaminophen (Tylenol). Avoid aspirin and non-steroidal anti-inflammatories, like Ibuprofen and Advil.
- It is important to apply **Vaseline** to the area twice daily. This will help reduce hard scabs which slows healing. Continue doing this until healed or until the sutures are removed, whichever is longer.
- Open wounds will have some redness and a small amount of drainage. This is normal. It is not unusual to take 2 to 3 weeks for open wounds to heal.
- If you notice red streaks coming from the wound, have a fever, worsening pain, or have pus draining from the wound please call the office immediately
- Do not soak or swim in, tub, pools, hot tubs or lakes for at least 2 weeks or until after stitches have been removed.
- Open wounds will have some redness and a small amount of drainage. This is normal.
- **Pathology results:**
  - **For Mohs surgery** the cancer edges were checked during surgery and no further results are need. The cancer is gone.
  - **For biopsies or excisions (non-Mohs)** you will receive a letter in the mail or phone call, in approximately 2 weeks, or you can check the patient portal to see if the results are posted into your electronic medical record. You may also call the office to get your results. Please call 608-826-0285 on **Wednesday mornings**, at least one week after the procedure.
- **OFFICE NUMBERS:**
  - Madison: 608-826-0285
  - Monroe: 608-329-5773 OR Toll free at 1-888-423-7880
- For after-hours EMERGENCIES please call **Dr. Sharata** on his personal cell phone. His number is **608-239-3440**.